UNICEF’s approach to the double burden of malnutrition

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UNICEF’s Nutrition presence

- UNICEF country offices in 190 countries & territories
- Nutrition programmes in 117 countries
- Staff with nutrition responsibilities: 721
Countries have accelerated the delivery of programmes for the prevention of stunting and other forms of malnutrition.

Programme Area 1: Early Childhood Nutrition

Countries have developed programmes to deliver gender responsive adolescent health and nutrition.

Programme Area 2: Nutrition of School-age Children, Adolescents and Women

Countries have accelerated the delivery of services for the treatment of severe wasting and other forms of severe acute malnutrition.

Programme Area 3: Care for children with severe acute malnutrition

Programme Area 4: Maternal and Child Nutrition in Humanitarian Crises

Programme Area 5: Knowledge, Partnerships and Governance for Nutrition

Results areas for Nutrition 2018-2021

Programme areas for Nutrition specific actions

Programme areas for Nutrition sensitive actions

UNICEF Strategic Plan 2018-2021: Three Results Areas for Nutrition

Results areas for Nutrition 2018-2021

Programme areas for Nutrition specific actions

Programme areas for Nutrition sensitive actions
Consensus points for UNICEF’s work on the prevention of childhood overweight & obesity

- Aim: to tackle “malnutrition in all its forms”
- Double duty actions are the way forward
- “Better diets for better growth”
- Prevention early in life is really important
- Lifecourse approach

Source: UNICEF workshop February 2016
Do no harm

- Nutrition in emergencies
- Treatment of acute malnutrition
- Social protection interventions
Retrofit existing nutrition actions

➢ “Retrofitting” applies to advocacy with decision makers
➢ Nature of interventions at family, community and health facility level unchanged

• Advocacy for implementation and enforcement of the International Code of Marketing of Breastmilk substitutes & Guidance on inappropriate marketing of foods for infants & young children
• Advocacy for maternity protection
• Support the protection, promotion and support for early, exclusive and continued breastfeeding
• Support complementary feeding, with emphasis on diet diversity and responsive feeding
De-novo actions

• Enabling environment: advocacy and technical support for:
  • Development of policies on the prevention of overweight & obesity in children
  • Regulations on the promotion of foods and non-alcoholic beverages to children
  • Food labelling
  • Taxes on sugary beverages

• School-age children and adolescents: support for specific interventions on:
  • Promoting and supporting healthy eating practices
  • Improving nutrition literacy
  • Collecting and disseminating data on diets and nutritional status
Knowledge management and learning

• “Learning compacts” with selected countries: and share “what works”, specifically

• Monitor programme progress via Nutridash (new indicators) and annual report indicators

  • Baseline (2016): 4/30 countries currently with ≥4 policies or programmes for overweight & obesity prevention

  • Target for 2021: UNICEF contributing to such policies or programmes in 20/30 countries